



Application Erasmus+ Traineeship Grant									
Student information									
First name			Last name						
Personal identity number <sup>1</sup>			Nationality						
Street address and street number			Postal code						
City and Country			Telephone number						
Student e-mail (Sxxxxxxx@hb.se)			E-mail for communication (if different from student e-mail)						
Gender	Male □ Female □ Undefined □								
Study programme									
	Are you currently registered on a course within the study programme in Ladok?		Have you applied for/ received your degree diploma?		YES □ NO □				
If you have previously participated in Erasmus+, for how many months have you participated in total?			On which study level did you participate?		Bachelor □ Master □ Doctorate □				
To be obtained as a solution		Contact							
To be able to reach n	ext of kin in case of	emergency, please p		son's deta	llS.				
Name			Telephone number						
Relation with the contact person									
Traincochin information									
Traineeship information  The Erasmus+ traineeship may be carried out in three different ways.  Pick the alternative below (1-3) that you are applying for.									
☐ 1: traineeship embedded in the curriculum (part of your study programme, counting towards the degree).									
☐ 2: voluntary trainee	eship (outside the st	udy programme).							
☐ 3: recent graduate	(taking place after t	he study programme).							
For recent graduate traineeship: Are you currently studying the last semester of your programme			e?	YES □ NO □	· = - =				
	ent should apply for the nme has finished. Do y		YES  NO						
Are you planning to do the traineeship with a course?									
☐ Yes, with a course that is included in my study programme (mandatory for option 1).									
☐ Yes, with a freestanding course not included in my study programme (for option 2 and 3).									
□ No, I will do a non-credit traineeship (for option 2 and 3).									
If you will do the traineeship with a course, fill in the course information below									

Senast uppdaterat: 2025-12-08

 $<sup>^{\</sup>scriptsize 1}\,$  If you do not have a personal identity number, please add your T-number instead.

Name of the course									
Name of the course coordinator		Ladok code							
Starting date of the course in Ladok		Ending date of the course in ladok							
Note! Being accepted for an Erasmus+ traineeship does not equal being admitted and/or registered to the course. It is the student's responsibility to register to the course in Ladok. Only students registered to the course who pass the examinations may receive credits.									
Traineeship information									
Name of the traineeship organisation		City and Country							
Street address and street number		Postal code							
Website of the traineeship organisation									
Contact person name		Contact person e-mail							
Contact person phone number		Number of working hours per week							
Will you be living in the traineeship country during the entire physical mobility of the traineeship?	YES □ NO □	Will you receive other funding from the EU during the traineeship?	YES □ NO □						
Main working language		Additional working language							
Is the main working language your native language?	YES □ NO □	Is the traineeship in digital skills*?	YES □ NO □						
*Traineeship in digital skills: any traineeship where trainees receive training and practice in at least one or more of the following: digital marketing (e.g. social media management, web analytics); digital graphical, mechanical or architectural design; development of apps, software, scripts, or websites; installation, maintenance and management of IT systems and networks; cybersecurity; data analytics, mining and visualisation; programming and training of robots and artificial intelligence applications. Generic customer support, order fulfilment, data entry or office tasks are not considered in this category.									
	Tuaina aabin duuatia								
	Traineeship duratio ong mobility	-		mobility					
	nal virtual component.	Option 2: Short blended mobility 5-30 days + mandatory virtual component.							
Starting date physical mobility (YYYY-MM-DD)		Starting date physical mobility (YYYY-MM-DD)							
Ending date physical mobility (YYYY-MM-DD)		Ending date physical mobility (YYYY-MM-DD)							
If applicable: Starting date virtual component (YYYY-MM-DD)		Starting date virtual component (YYYY-MM-DD	))						
If applicable: Ending date virtual component (YYYY-MM-DD)		Ending date virtual component (YYYY-MM-DD)							
Letter of Intent									
For the application to be comp Letter of Intent from the receiv			YES □ NO □						
If no, explain why not:									

Describe the main tasks during the physical mobility of the traineeship.							
If applicable: describe the	e tasks of the virtual mobility	of the traineeship.					
Describe why the trainee	ship is relevant to your stud	y programme and futu	re profess	sional life.			
	Travel	grant					
	ling for extra travel days to/from the	e traineeship destination.					
Max 1 travel day per direction for non-green travel.  Max 3 travel days per direction for green travel, i.e. the main means of transport both to and from the host organisation is made by train, bus, car-pooling or other sustainable transportation. It is not enough to travel green in only one direction to qualify for green travel. Travel done on the same day(s) as the traineeship does not count as extra travel day(s).							
Examples: If your traineeship ends on a Friday and you							
<ul> <li>travel back to Sweden on that same Friday, you do not need any extra travel days. Pick "0 days" below.</li> <li>begin your travel to Sweden on that same Friday and arrive on Saturday, you need one travel day. Pick "1 day" below.</li> <li>travel back to Sweden with green travel during Saturday and Sunday, you need two travel days. Pick "2 days" below.</li> </ul>							
Which will be your main means of transport to and from the host destination?	Green travel  Train □ Bus □ Shared car (at least 2 people in the car) □ Plane □  Not yet decided but I will use green travel □ Boat □						
Number of extra days for travel needed <b>to</b> the destination	0 days □ 1 day □ 2 days □ (only green travel) 3 days □ (only green travel)	Number of extra days for travel needed <b>from</b> the destination		only green travel) only green travel)			

## Student's signature By signing the application form, I confirm that... ...I understand that "student UT" (the student group insurance) only applies to direct travel between Sweden and the traineeship country. If I do not travel as directly as possible to/from the traineeship country, I need to review my insurance coverage to make sure I have a private insurance that is valid during the trip. ... I understand that if I belong to the group "students with children", "students with long-term or permanent disability" or "student with protection status" and want to receive a top-up, supporting documents must be submitted in person or by post at the same time as the application form. ...the information provided in this form is correct. Date of signing Signature Supporting person's signature By signing the application form, I confirm that... ...I support this application and confirm that the traineeship is suitable for the student's study programme and (if applicable) the course. Name Position (e.g. Programme Coordinator, Course coordinator) Date of signing Signature

## If the application is accepted

If the application is accepted, the student will receive more information on what to do before, during and after the traineeship to receive the grant and participate in Erasmus+.

## **Privacy Notice**

Personal data that you provide about yourself in the form and during the mobility process will be processed by the university for the purpose of decision-making, documenting, administrating and following up the mobility. The personal data will be kept and erased according to applicable statutory regulations and disposal decisions. The University of Borås is the controller of the processing of personal data, with a legal basis for the processing in article 6.1 (b) (e) and article 9.2 (g) of the General Data Protection Regulation as well as chapter 3 § 3 para. 2 of the Swedish Data Protection Act.

The personal data will be made available to the Swedish Council for Higher Education and the European Commission for their independent processing of the data for the purpose of implementing and following up the mobility. You can read the European Commission's privacy statement here: https://webgate.ec.europa.eu/erasmus-esc/index/privacy-statement

Read more about how the University of Borås processes your personal data and what rights you have at the university's website, hb.se/privacy.